

# Discipleship Formation for Lay Leaders

Effective discipleship formation fosters the transformation of the whole person; it accomplishes what the delivery of information alone can never do. As we consider our call to discipleship and to promote the Good News, we do so remembering the words of Pope Francis, “If you are to accompany others on this path, you must be the first to follow it, day in and day out” ([Christus Vivit](#), 298).

Those seeking formation in their discipleship will have the opportunity to engage in a certification program. Classes are asynchronous, meaning you do not need to attend lectures or be present for “class time,” as the learning adapts to your schedule.

The courses will take place within a learning community of Catholic Wyomingites and will provide a common language and understanding of mission and ministry for laity across the Diocese of Cheyenne. Each five-week course will cost \$50 and each three-week course will cost \$40, along with any required books. The courses are:

- [Introduction to Prayer](#) is a five-week course that incorporates your own practice of prayer into how we understand prayer as a personal practice and as a work of the Church, including introductions to different spiritual traditions in the Church. Aug 22 – Sep 25.
- [Survey of Catholic Doctrine](#) is a five-week course that offers an opportunity to study the development of Catholic Doctrine in several key theological areas. Oct 10 – Nov 13.
- [Bible Basics](#) is a five-week course that is open to people of all levels of familiarity with the Holy Bible. Jan 16 – Feb 19, 2022.
- [On Bended Knee](#) is a three-week seminar on the pastoral letter of the same name, and it focuses on our celebration of Eucharist and the mission to serve God’s people. March 6 – March 26.
- [Theological Reflection](#) is a three-week seminar on a commonly used method of identifying God’s movement in a faith community and discerning how to lead God’s People in response. April 24 – May 14.

Those who participate will have the opportunity to deepen their formation in:

- Spiritual traditions of the Catholic Church and the practice of one’s own spirituality;
- The Church’s intellectual tradition;
- Their own human formation, including how to be in ministry without over-exerting oneself, and
- Pastoral formation that will help them respond compassionately in challenging times.

Participants need to sign up by **August 16**, and those who complete these four courses will receive a Certificate in Faith Formation Ministry. Learning begins August 22, 2021, and the four courses will complete by June of 2022. No courses will occur in conflict with major holidays.

Please contact Joe Wotawa ([jwotawa@dioceseofcheyenne.org](mailto:jwotawa@dioceseofcheyenne.org) or 638-1530 x103), Director of Pastoral Formation, to sign up or ask questions.